The Path to Spiritual Freedom



A continuous journey. A lifetime of growth.

At Conscious Yoga Academy, we offer a complete pathway of trainings, immersions and community to support your personal evolution and to serve.

Let's keep growing together towards our best lives ever.

1 TEACHER TRAINING PATHS

Choose the path that resonates with you.

200HR Yoga Teacher Training
21 DAYS
P

or

Beyond Asanas 100HR Yoga Teacher Training
Philosophy • Meditation • Pranayama
9 DAYS
P/R

2 CONTINUE YOUR JOURNEY

Stay connected. Integrate your practice into everyday life.

Be part of the Conscious Community
Remain connected all year round with scheduled online meetings, group meditations and ongoing inspiration and support.
R

Continue purifying your energy blockages
Choose online one-to-one therapeutic sessions to further clear, release and remove energy impurities.
R

3 COMPLEMENTARY & SPECIALISED TRAININGS

Choose according to your interests and path. Some may be recommended or necessary before the 300HR training.

DATES IN 2027 RELEASED

Meditation Training	Sound Healing Training	Holistic Detox	Bhakti Yoga Training	Pranayama Training
Teacher Training	Teacher Training	Program	Teacher Training	Teacher Training
P/R	P/R	P	P/R	P/R

2028 DATES TO BE RELEASED

Yoga Nidra	Conscious Coaching	Breathwork Training	Bach Flower Remedy
Teacher Training	Practitioner Training	Teacher Training	Practitioner
P/R	P/R	P	P/R

4 EXPAND YOUR ASANA YOGA TEACHING

Specialised trainings to enrich and diversify your teaching skills. **2028 dates to be released.**

Restorative Yoga	Yin Yoga	Chair Yoga	Prenatal Yoga	Children's Yoga
Teacher Training	Teacher Training	Teacher Training	Teacher Training	Teacher Training
P/R	P/R	P/R	P/R	P/R

5 300HR YOGA TEACHER TRAINING

45 days • **2027 dates released**

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6 BECOME AN ASANA TEACHER OF NEW TEACHERS

42-70 days

P



7 BECOME A HOLISTIC THERAPIST

Learn how to help others release energy impurities.
8 days

P

8 BECOME A YOGI TEACHER

Become a Yogi Teacher of Yoga Teachers
63 days

P

THIS IS YOUR PATH

Not just a training.
A transformation.

Not just knowledge.
Embodiment.

Not just a certificate.
A calling.

Walk it your way.
Live it every day.

PATH DISCOUNT

Book multiple parts of the Path and receive a discount.

Book 2 parts	5% OFF
Book 3 parts	7% OFF
Book 4+ parts	10% OFF

Discounts apply to tuition fees only.



YOUR INVESTMENT IN TRANSFORMATION

This is more than an education.

It is a path to freedom, purpose and spiritual liberation.

All trainings can be taken separately or as part of the Path.
You choose. We support.

P = In person | R = Remote | P/R = In person or remote

International Teachers	Small Groups	Beautiful Karpathos	Community & Belonging	Continuous Growth
Global standards, real world	Personal attention & support	Nature • Silence • Inspiration	Year-round connection, retreats & events	A path that evolves with you